



Safety Measures regarding Floods

Floods are natural phenomena, which can cause huge loss to life and property. We can save many precious lives by adopting simple safety measures

Steps to be taken before Floods

- 1- Keep yourself well informed about weather conditions before and during Monsoon season, through radio, television, and mobile phones, and act upon the announcements made by the government.
- 2- Keep your Emergency Kit ready at all times. The kit may contain a charged battery of mobile phone, match box, a fully charged torch, candles, mosquito net and mosquito repellents, bottles of clean drinking water, first aid kit, radio set, some items for cooking, non perishable food items, important documents like passport, national ID card, registries, educational documents, and some cash amount (if available)
- 3- In order to get correct updates on flood situation, keep in contact with your local flood forecasting centre
- 4- Keep yourself and your relatives informed about the updates on floods situation
- 5- Keep your valuables on a high and safe place
- 6- Erect protection walls around houses
- 7- Get your animals vaccinated from Livestock Department before the onset of Monsoon Season
- 8- In case of threat of flood, use the local masjid to make announcements for wider information
- 9- Identify emergency exit routes, safe places and areas, and keep yourself and your relatives informed about them, so as to avoid any problems and mishaps in case of an emergency situation

Steps to be taken during Floods

- 1- In case of flood warning, evacuate to the pre-identified safe place along with your livestock and valuables
- 2- Upon receiving flood warning, relocate disabled persons, children and pregnant women to safe places, on top priority. In case of any difficulty in evacuation, contact emergency response team;
- 3- If you are residing in the lower areas, relocate to the upper safer areas in case of heavy rainfall.
- 4- Keep your valuables with you (identity card, jewelry, property documents etc.) while evacuation; if you have cash at home, do not forget to take it along
- 5- Wash your hands regularly as flood water is unclean, and can spread many diseases;
- 6- During floods, eating anything soaked with flood water, or drinking unclean water may cause ailments like diarrhea and food poisoning
- 7- Avoid walking in flood water because there can be some deep spot, snake or broken glass which can hurt you. That is why it is advised to keep a stick with you. If necessary, use polythene bags to cover your feet, instead of socks, so that flood water may not touch your body.

- 8- Keep yourself and your livestock away from all the electric wires & appliances, poles etc.
- 9- Use all the electric supplies/instruments like iron, fan, washing machine with extra care and caution during floods as it can cause electrocution;
- 10- Walls of houses become weak and unstable because of standing flood water, which may cause them to collapse. Before entering the house, ensure that walls are secure to avoid injury or loss of life. Do not sit near any weakened wall, as it can collapse any time.
- 11- Do not drive vehicle in flood water as it can sweep the vehicle away.
- 12- During Floods, do not tie animals to the electric poles;
- 13- You are encouraged to get yourself registered with district administration to volunteer for rescue and relief activities

Steps to be taken after Floods

1. Drinking boiled water can save us from stomach problems;
2. Never eat old and rotten things because food becomes toxic due to humidity and heat, and may lead to loss of life.
3. Avoid walking or swimming in flood water as it can contain poisonous material which can cause skin diseases;
4. Stay away from electric wires and electric poles;
5. Avoid keeping animals at a place which is damp, has large number of cattle, and abounds with flies
6. In case you notice any signs of disease in animal, immediately contact Livestock Department
7. Assure your child's health safety by not letting them play in flood water
8. Do not return back to your residences until the Rescue Agencies declare them safe
9. Before entering your houses, check the walls condition so as to avoid any mishap
10. Contact veterinary doctor for the vaccination of cattle due to the diseases caused due to floods.